

**WARNING, WAIVER & RELEASE OF LIABILITY  
AND AGREEMENT TO PARTICIPATE**

**OLATHE KARATE ACADEMY**

**INSTRUCTIONS**

This agreement and release must be signed by all participants and by their parent(s) or guardian(s) if the participant is a minor, who wish to participate in Martial Art, Aerobic Kickboxing, Yoga or Pilates practice sessions, clinics, or scheduled events at the Olathe Karate Academy.

**PLEASE READ CAREFULLY BEFORE SIGNING**

1. Agree that prior to participating, I will inspect the mats, equipment, facilities, and if I believe anything is unsafe or beyond my capability, I will immediately advise my Sensei (teacher), or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that the Martial Arts is a physical contact exercise in self defense and that I will be engaging in activities that might result in serious injury, and social and economic loss due to not only my own actions, inactions, or negligence, but also action, inaction or negligence of others. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
3. Assume all risks involved in the activities called (Aikido, Boxing, Aerobic Kick-Boxing, Judo, Jujitsu, Karate, Kobudo, Kobujitsu, Kenpo, Weight lifting, Wrestling,) and other self defense activities called "The Martial Arts".
4. Enter practice, training entirely on my own free will and understand the importance of following rules set down by my instructor, coaches, and other officials.
5. Certify that I am in good physical condition and have no disease, injury, or other condition that would impair my performance of physical and mental well being in intense physical practice, and training.
6. Grant permission in case of injury to have the Olathe Karate Academy administer "first aid" and/or to have a doctor, nurse, athletic trainer or other medical emergency personnel provide me with medical assistance or treatment for such injury.
7. Release, waive, discharge and covenant not to sue the Olathe Karate Academy, my Martial Arts instructor, his staff or other instructors involved in my training. Other participating martial arts organizations, their affiliated clubs and schools, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parent(s), guardian(s), supervisors, coaches, and sponsoring agencies (such as United States Kenpo Kobujitsu Inc. or DiPal Enterprises Incorporated.)
8. In case of a minor: I/We the parent(s) or legal guardian(s) of this minor participant have instructed or will instruct the minor participant to the above warnings and conditions and their ramifications, and I/We additionally confirm and agree to all of the above statement conditions, waivers, and releases, and consent to this minor's participation.
9. I, an Adult (as defined by state and local laws), do hereby agree to all conditions, and their ramifications, and I additionally confirm and agree to all of the above statements, conditions, waivers, and releases, and consent to train under the above conditions.

**I/We have read the above warning, waiver and release, understand that I/We give up substantial right by signing it, and knowing this, sign it voluntarily.**

\_\_\_\_\_  
(Printed Name of Participant)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Printed Name of Parent/Guardian)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Printed Name of Parent/Guardian)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)